

Cookbook

*The Farmholiday **Tenuta Montelaura** offers visitors the recipes of some of the most delicious traditional culinary preparations.*

So we offer a series of very detailed recipes divided by category, you can have the pleasure of experiencing yourself exploring the art of the traditional cuisine of Campania and typical Irpinia.

Not by chance we chose to describe the recipes also nicely using traditional terminology of our land, with the intent and hope to pass on as much as possible, in all material respects, our traditions, along with hospitality, are our wealth.

Good reading and ... enjoy your meal!

